

THIS CAN HAPPEN.
GLOBAL




employees **matter**

WEBINAR

Youth Mental Health Day

#controlyourscroll

THURSDAY 19 SEPTEMBER, 12.30PM BST



ZOE SINCLAIR
Founder,
Employees Matter
& This Can Happen



LOUISA ROSE
CEO,
Beyond



BETH KERR
Educator &
public speaker

Are you a working parent? Do you manage younger people? Or do you have an interest in the welfare of young people today? If so, this webinar is for you.

Topics covered include:

- Overview of the youth mental health landscape and its intersection with smartphones and social media
- How to bring attention to our own level of digital dependency
- How to reduce our dependency by making small behavioural changes
- What do young people actually think/want?

Only £495 + VAT

for a company to join – invite as many employees as you want to join the webinar.

To book your company's place email rheath@employeesmatter.co.uk